Loudoun County Sheriff's Office

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INTERNET SAFETY REMINDERS FOR PARENTS



1 KNOW YOUR CHILD'S PASSWORDS

Get the password for your child's phone, personal computer, tablet, and other personal devices. You have the right and responsibility to monitor your child's online interactions.



2 ASK "WHO IS THAT?"

Go through your child's contacts on social media with them and ask how they know this person. If they have not met in person, they should not be communicating with them online.



3 USE FILTERING AND MONITORING TOOLS

Contact your internet service provider and cell phone companies to inquire about filtering and monitoring tools that are available. Third party apps are also available. Conduct your own research and choose which works best for your situation.



4 MONITOR YOUR CHILD'S SOCIAL MEDIA

Social media trends are constantly changing. Parents should monitor what their child posts online to include both messages and pictures. Remember, this information is out there for future employers and colleges to see.



5 MAINTAIN AN OPEN DIALOGUE

Keep an open dialogue with your child about their social media and internet habits. Get to know what sites they visit, what games they play, and what apps they use.